

## **Reorganizational Healing**

*Groundbreaking “Reorganizational Healing” Model Puts Emphasis on Self-Awareness and Personal Will To Change To Achieve Optimal Mental and Physical Health*

New Rochelle, NY, May 21, 2009—Reorganizational Healing (ROH), an emerging concept for wellness, healing, and personal growth, is explored in depth in a seminal groundbreaking article and accompanying commentaries in the latest issue of *The Journal of Alternative and Complementary Medicine*, a peer-reviewed journal published by Mary Ann Liebert, Inc. ([www.liebertpub.com](http://www.liebertpub.com)). The Reorganizational Healing articles are available free online at [www.liebertpub.com/acm](http://www.liebertpub.com/acm)

Reorganizational Healing gives people the tools to create a map “to self-assess and draw on strengths to create sustainable change,” explain Dr. Donald Epstein, DC, Dr. Simon Senzon, MA, DC, and Dr. Daniel Lemberger, DC, in the article entitled, “Reorganizational Healing: A Paradigm for the Advancement of Wellness, Behavior Change, Holistic Practice, and Healing.”

“Instead of being meaningless, people’s problems become diseases of meaning...helping them become stronger, to live more fully and with more understanding,” write the authors. ROH incorporates three central elements: the Four Seasons of Well-Being, the Triad of Change, and the Five Energetic Intelligences.

“There can be no doubt that we are witnessing the birth of a powerful method of healing, grounded in rigorous scientific fact, that will become integral to future systems of healthcare. This is a manuscript that deserves study in all teaching and therapeutic institutions,” says Dr. Kim A. Jobst, Editor-in-Chief of *The Journal of Alternative and Complementary Medicine*.

Describing ROH as “a health change model whose time has come,” Professor Robert H.I. Blanks, PhD, Affiliated Faculty at the University of Miami Miller School of Medicine (Florida) asserts that ROH “presents a viable big-picture option for improving the health of individuals and addressing the current health care crisis in the United States and worldwide.”

One aspect of ROH, Network Spinal Analysis (NSA), uses electromyographic measurements of the central nervous system (CNS) to determine the organization and synchronization of electrical signals across the entire spine—whereas in neurologic disorders there is a lack of synchronization of these signals. However, with healing, the innate ability of the CNS to reorganize is harnessed so that the signals become less random and more predictable which is indicative of greater organization of the circuitry. “From this point of view, it is fair to assert that Network Spinal Analysis (NSA) provides some sort of ‘reorganization healing’,” writes Professor Edmond Jonckheere, PhD, from the University of Southern California, in a Letter to the Editor published in the same issue of the *Journal*.

“At a time when there is increasing global instability in financial, industrial, political, and social systems, healthcare is not exempt from the same apparent chaos. Such times are critical for evolution. They are Crises – moments of simultaneous danger and opportunity. At such times, the old dies to make way for new structures, new hierarchies of value and meaning if the opportunity can be seen and seized,” says Editor-in-Chief Jobst. “In this context, when individuals understand the relationship between their disease symptoms and their lifestyle choices, and most importantly are willing to take the steps needed for sustainable behavior change, they can achieve healthier, more fulfilling and more meaningful lives.”